

WEEK 1 3rd Sep, 24th Sep, 15th Oct, 5th Nov, 26th Nov, 17th Dec, 7th Jan, 28th Jan

Monday	Tuesday	Wednesday	Thursday	Friday
Veggie Jollof Rice	Meatballs with Tomato Sauce and Pasta	Roast Chicken with Roast Potatoes and Gravy	Beef Nacho Bake with Mexican Rice	Fish Fingers and Chips
Roasted Vegetable Pasta Bake	Bombay Potato Bake	Vegan Sausages with Roast Potatoes and Gravy	Sweet and Sour Veggie Noodle Stir Fry	Cheese and Tomato Pinwheel with Chips
Pasta with Cheese Sauce, Tomato Sauce or Pesto Sauce	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta with Cheese Sauce, Tomato Sauce or Pesto Sauce	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta with Cheese Sauce, Tomato Sauce or Pesto Sauce
Baguette with Cheese, Tuna Mayo, Egg Mayo	Baguette with Cheese, Tuna Mayo, Egg Mayo	Baguette with Cheese, Tuna Mayo, Egg Mayo	Baguette with Cheese, Tuna Mayo, Egg Mayo	Baguette with Cheese, Tuna Mayo, Egg Mayo
Cauliflower Green Beans	Broccoli Carrots	Carrots Cabbage	Sweetcorn Peas	Peas Baked Beans
St Clements Sponge	Fruit Jelly	Fruit Crumble with Custard	Fruit Flagjack	Banana Muffin

WEEK 3 17th Sep, 8th Oct, 29th Oct, 19th Nov, 10th Dec, 21st Jan, 11th Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	Chunky Beef Pie with Puff Pastry Top and Mashed Potatoes	Roast Chicken with Mashed Potatoes and Gravy	Chilli Con Carne with Rice	Salmon Fish Fingers and Chips
Veggie Burger in a Bun with Wedges	Quiche with Parsley Potatoes	Lentil and Vegetable Cottage Pie	Sweet Potato and Chick Pea Curry with Rice	Cheese and Tomato Pizza with Chips
Pasta with Cheese Sauce, Tomato Sauce or Pesto Sauce	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta with Cheese Sauce, Tomato Sauce or Pesto Sauce	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta with Cheese Sauce, Tomato Sauce or Pesto Sauce
Baguette with Cheese, Tuna Mayo, Egg Mayo	Baguette with Cheese, Tuna Mayo, Egg Mayo	Baguette with Cheese, Tuna Mayo, Egg Mayo	Baguette with Cheese, Tuna Mayo, Egg Mayo	Baguette with Cheese, Tuna Mayo, Egg Mayo
Carrots Green Beans	Broccoli Cauliflower	Carrots Swede	Sweetcorn Green Beans	Peas and Sweetcorn Baked Beans
Apple Custard Crunch	Fruit Jelly	Chocolate Raspberry Crunch with Raspberry Custard	Pear Cookie	Sticky Toffee Pudding with Custard

WEEK 2 10th Sep, 1st Oct, 12th Nov, 3rd Dec, 14th Jan, 4th Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Bar with Crispy Diced Potatoes	Chicken Sausages with Mashed Potatoes and Gravy	Roast Beef with Roast Potatoes and Gravy	Beef Lasagne	Jumbo Fish Finger and Wedges
Frittata with Crispy Diced Potatoes	Vegan Sausages with Mashed Potatoes and Gravy	Vegetable Wellington with Roast Potatoes and Gravy	Baked Veggie Chimichanga	5 Bean Chilli Nachos with Wedges
Pasta with Cheese Sauce, Tomato Sauce or Pesto Sauce	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta with Cheese Sauce, Tomato Sauce or Pesto Sauce	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta with Cheese Sauce, Tomato Sauce or Pesto Sauce
Baguette with Cheese, Tuna Mayo, Egg Mayo	Baguette with Cheese, Tuna Mayo, Egg Mayo	Baguette with Cheese, Tuna Mayo, Egg Mayo	Baguette with Cheese, Tuna Mayo, Egg Mayo	Baguette with Cheese, Tuna Mayo, Egg Mayo
Sweetcorn Green Beans	Carrots Curly Kale and Peas	Carrots Parsnips	Broccoli Cauliflower	Sweetcorn BBQ Baked Beans
Banoffee Pot	Chocolate and Pear Cake with Custard	St Clements Custard Pot	Iced Carrot Cake Cookie	Fruit Shortbread

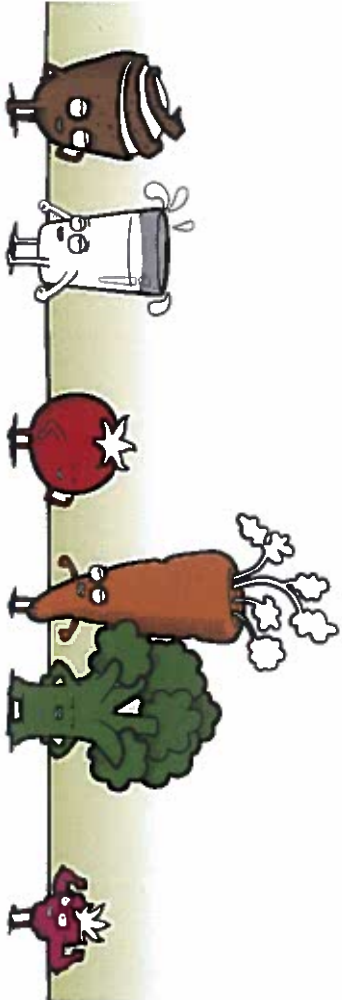
A Gluten free and Dairy free menu is available on request, please email allergens@ainp.co.uk with the name of the school which your child will be attending.

You will then be sent the Gluten or Dairy free standard menu for that school.

For any further additional allergen requirements please email allergens@ainp.co.uk with the name of the school which your child will be attending.

Fresh seasonal salad and bread available daily.

Fresh fruit, yoghurt and fruit jelly available daily as an alternative to the dessert of the day.



SCHOOL FOOD TRUST
Eat Better Do Better

MSC
Seafood with this mark comes from an MSC certified sustainable fishery.
MSC-C-52628